



Supplementary Sailing Instructions For

G. Single Handed Races

G1 RACE RADIO

The Race Committee will make Race Management announcements on VHF Channel 69.

G2 CLASS FLAGS

International Code Flag "G"

*Crew Declaration
Link QR code*



G3 CREW DECLARATION LINK

https://topyacht.com.au/db/kb2/mob_crew_login.php

G4 COURSES AND MARKS

Selected from the combined course-book ***Sailing Instruction Attachment 1 - Courses and Marks*** and signaled by display of International numeral flags no later than the warning signal. The Course area may be signaled in advance by SMS.

G5 SPECIAL REQUIREMENTS FOR SINGLE HANDED COMPETITORS [NP][DP]

Definition Single-Handed Entrant: A boat that is sailed by one person only.

The sole crew member is responsible for all aspects of handling the boat, including safety, navigation, sail trim and steering.

An optional "**observer**" is permitted onboard.

For Boats sailing with an observer the following applies:

G5.1 Only the skipper is permitted to operate any controls or equipment during the race.

G5.2 The observer may assist with raising sails prior to the start, lowering sails after the finish and in the event of any emergency during the race. In case of such an emergency where the observer renders assistance, the skipper shall promptly retire from the race.

G5.3 The observer must remain positioned within half the boats beam of the centerline and the main companionway. The observer is not to support or guide the skipper in any way.

G5.4 Eligibility Single-Handed entrants shall be over 18.

G5.5 Seamanship Entrants must be aware boats may be less maneuverable when sailed short-handed and additional time and space should be allowed at the start line, when rounding marks and when changing course. Competitors should also understand that short-handed sailing places additional physical demands on sailors and they must be prepared to cope with the rigours of this format. The decision to take part remains the skipper's responsibility, as set out in RRS 3.

G5.6 Weather Conditions

If a Strong Wind Warning is raised during the race, single-handed sailing may be abandoned at the discretion of Race Committee.

No racing will start during a gale warning and any race in progress when a gale warning is declared will be abandoned.

G5.7 Safety Requirements

The following Safety Requirements are MANDATORY for competitors sailing single handed. (That is without an observer onboard)

Failure to comply may result in a disqualification (DSQ) from an event.

- Code flag Y shall be flown to indicate single-handed operation.
- A VHF radio to be always carried, available to be operated without leaving the helm.
- Entrants shall always wear a Lifejacket with safety tether capability.
- Entrants shall tether on to the boat at times of heightened risk.
- Entrants shall sign on by sailing past the Race Committee vessel stating their intention to race prior to the Warning signal.
- Retiring entrants shall sign off at the time of retirement to the Race Committee via radio or mobile phone. The Race Committee will remain on standby until all competitors are accounted for.



G6 THE START

Races will be started using RRS 26.

The starting line shall be in the vicinity of the X Ray Mark

The starting line shall be an imaginary line between the flag mast bearing an orange flag on the committee vessel and the start mark.

[DP] A boat starting more than 10 minutes after their starting signal shall be scored DNS without a hearing.

A laid mark may be specified as the first mark after the start. This mark will be an orange inflatable buoy. The mark will be laid approximately to windward of the starting line at approximately 0.5 to 0.9 nm from the starting line. The direction of rounding the mark will be indicated by the display of a green or red flag from the Starting Vessel – green for starboard rounding and red for port rounding. If no rounding signal flag is made, the mark is deleted from the course to sail

G7 THE FINISH

The finishing line shall be an imaginary line between the flag mast bearing a blue flag on the committee vessel and an orange inflatable buoy.

G8 TIME LIMITS

The time limit for the race is 3.0 hours.

If one boat finishes within the time limit, the time limit will be extended by 30 minutes from the first boat's finish time

Boats failing to finish within the extended time limit shall be scored DNF without hearing. This alters RRS 35 and A5.