



## Supplementary Sailing Instructions For

### G. Single Handed Races

#### G1 RACE RADIO

The Race Committee will make Race Management announcements on VHF Channel 69.

#### G2 CLASS FLAGS

International Code Flag "G"

*Crew Declaration  
Link QR code*



#### G3 CREW DECLARATION LINK

[https://topyacht.com.au/db/kb2/mob\\_crew\\_login.php](https://topyacht.com.au/db/kb2/mob_crew_login.php)

#### G4 COURSES AND MARKS

Selected from the combined course-book ***Sailing Instruction Attachment 1 - Courses and Marks*** and signaled by display of International numeral flags no later than the warning signal.

#### G5 SPECIAL REQUIREMENTS FOR SINGLE HANDED COMPETITORS [NP][DP]

**Definition** Single-Handed Entrant: A boat that is sailed by one person only. This means that only one person will be on board during the entire race. The sole crew member is responsible for all aspects of handling the boat, including safety, navigation, sail trim and steering. No observer shall be allowed on board.

**Eligibility** Single-Handed entrants shall be over 18.

**Seamanship** Entrants must be aware boats may be less maneuverable when sailed short-handed and additional time and space should be allowed at the start line, when rounding marks and when changing course. Competitors should also understand that short-handed sailing places additional physical demands on sailors and they must be prepared to cope with the rigours of this format. The decision to take part remains the skipper's responsibility, as set out in RRS 3.

**Weather Conditions** Single-handed entrants will not be permitted to start a race during a declared Strong Wind Warning across the race area.

If a Strong Wind Warning is raised during the race, single-handed sailing may be abandoned at the discretion of Race Committee.

No racing will start during a gale warning and any race in progress when a gale warning is declared will be abandoned.

## Safety Requirements

The following Safety Requirements are MANDATORY.

Failure to comply may result in a disqualification (DSQ) from an event.

- Code flag Y shall be flown to indicate single-handed operation.
- A VHF radio to be always carried, available to be operated without leaving the helm.
- Entrants shall always wear a Lifejacket with safety tether capability.
- Entrants shall tether on to the boat at times of heightened risk.
- Entrants shall sign on by sailing past the Race Committee vessel stating their intention to race prior to the Warning signal.
- Retiring entrants shall sign off at the time of retirement to the Race Committee via radio or mobile phone. The Race Committee will remain on standby until all competitors are accounted for.



## G6 THE START

Races will be started using RRS 26.

The starting line shall be in the vicinity of the X Ray Mark

The starting line shall be an imaginary line between the flag mast bearing an orange flag on the committee vessel and the start mark.

**[DP]** A boat starting more than 10 minutes after their starting signal shall be scored DNS without a hearing.

**H6.1** A laid mark may be specified as the first mark after the start. This mark will be an orange inflatable buoy. The mark will be laid approximately to windward of the starting line at approximately 0.5 to 0.9 nm from the starting line. The direction of rounding the mark will be indicated by the display of a green or red flag from the Starting Vessel – green for starboard rounding and red for port rounding. If no rounding signal flag is made, the mark is deleted from the course to sail

## G7 THE FINISH

The finish line shall be in the vicinity of the X Ray Mark

The finishing line shall be an imaginary line between the flag mast bearing a blue flag on the committee vessel and an orange inflatable buoy.

## G8 TIME LIMITS

The time limit for the race is 2.5 hours.

If one boat finishes within the time limit, the time limit will be extended by 30 minutes from the first boat's finish time

**[SP]** Boats failing to finish within the extended time limit shall be scored DNF without hearing. This alters RRS 35 and A5.